Mr George Marvin
March 8th
266 arch St Mr Elms

Dissertation upon

Periodical Headache.

George Marvin

admitted March 20. 1021

agentation D feare Maron abritted March 20, 1827

If Periodical Headache.

This disease consists epontally in a pain affecting the whole, or a pain of the head, & recurring at regular intervals of it is a complaint therefore which is analogous in its character to intermittent fever, and it has gonerally, & I believe justly, been considered a misplaced state of that disease. This is not the only local morbid affection which observes the position type. In the contrary, there is seen by a pain of the bestly in which intermittent from has not been known to locate itself. We

a finite of the later in which represent to on has not her land on house ist, Ir

have headaches; ophthalmias; epilepsils; choleras; dysenteries; mania; gout; hamoptysis; pains in the teeth, jaws, card, back, breast, stomach; Ke, Ke, returning at stated hours, & observing regular periods, as perfectly as a tertian ague. In fact, the metamorphoses, which intermittent fever assumes, are almost innumerable. Hence it becomes physicians to be very vigilant, that they may detect it under whatever form it may appear. But of all the forms which it addumes, that of which I am about to treat is perhaps the most distressing, and obstinate. It is therefore a disease which had the strongest claims to the attention of the physician. It is one which he cannot be too diliquet in detecting; or too energetic in treating. For if he is ignorant of its nature, or if he attacks it with a feeble of timed hand, it will run on to an almost interminable length of time: whereas if he is bold & energetic, he may

owned, are shriodt immunarable, Hence it been whileveriand to be very vigilant, that they may letests its under wholever form it may afein most distributions and obstrination . It is is one which he cannot be too vilegent in delicting; or too Encogetie in treating, for if it with a field & times hand, it will run

cut short its course, as readily & speedily, as

that of any disease whatever.

The HAMOGNOMONIE symptoms of periodical headbake we very clear & distinct. The distance is completely characterized by a pain in the head which continues for a longth of time, disappears, and thou returns at a stated hour.

This pain may affect the whole head, or what is more common, only a pact of it. It sometimes occupies one half of the head, I so exactly that the painer, I that consepected. Sometimes, the anterior painer, I that consepected. Sometimes, the anterior painer, it offers the lateral or posterior parts. In some instances the pain commences over the orbits, affects succeptively the temple, I side of the head, and disappears in the occupied, bearing the patient nearly as well as before the attack. In others there is an acute, I fixed from over the eye,

prince I that tempterties done was the unti now point is the sent of the point at alles the expinely the temple , & water of the land, and disopposes in the certifiete, Coursely the present There is an acrite, & price pair over the eye

which organ is irritable & sufficed.

These headaches generally return once a day, sometimes on alternate days; and observe their periods as regularly as a quotidian or tertion ague.

A paroxysm of this disease is general. by preceded by languor; yawning; sluggishness of motion; nausea; an uneasy, painful densation in the stomach; and sometimes by indistinct vision. The pulse for sometime before the attack, is gon erally somewhat depressed, though in other cases it is not at all affected. There is generally no perception of cold, nor, on the contrary is there any sensible febrile heat. These symptoms, continuing for one or two hours, are followed by a pain in some part of the head. This pain, at it's commencement, is comparatively mild, but gradwally increases in violence, till at its acrie, it is. in some instances, augmented to intoler wine, and the patient becomes delivious or rawing. The

temporal artery throbs violently; the respels of the eye are full & turged; the eye itself waters extremely, I cannot bear the light; the eyelids are sometimes swelled 8 red, 8, when the fit has been very violent, they have been known to be black, & blue; Sometimes the upe seems to retire within the orbit, or looks as if the it had lost its usual lustre, or as if the patient had drunk too much, or been weathing; the temporal muscle, the cheeks, & upper lip are sometimes in such an agony, that the patient can neither speak, chew, nor swallow. By degrees the pain, & extreme destress of the patient die away, leaving him as well as before the attack; except that he is somewhat exhausted from the violence of the paroxysm.

The paroxyem continues from one to twolve hours. Generally it comes on in the morning at sun rise, and goes off at midday, or sun down; this observing solar periods.

The cauded of periodical headache oppear to be the dame, as those of regular intermittent fever. They are march miasmate; apposure to a cold , damp air; fatigue; watching; emotions of the mind; He. The disease prevails most in those places which are most subject intermittent fever, and is sometimes a relie of it. When it is a relie of intermittent fever, it arises from the febrile formes not being completely expelled from the system. This formed is not sufficiently powerful to excite a general disease, but is concentrated upon some important organ of the body, I produced a local affection. But so far as my observation extends, the disease is not generally the sequel of another disease, but is itself the original, primary affection. The causes above enumerated not being sufficiently powerful to excite a general diseased action, spend their force on a part only of the body. Why this force is directed to one part of the system, rather than to another, I am not exactly

propored to say. It is probable however that it is owing to the particular presisposition of the person affected. Hence in persons of an arthutia distribuse, these causes might produce periodical gout: in those inclined 9 homor rhages from the lungs, periodical homophysis: if the person were provisposed to intestinal diseases, he would then have periodical cholora, dysoutry, diseases, he would then have periodical cholora, dysoutry, disearchean, M.

Some have dupposed that this disease generally arises from carious teeth. This I acknowledge may sometimes be the case. But as the disease affects present whose teeth are prefetly free from carries, and as the versional of the teeth, when they are carrious, will not cure the disease, I am dishoot to consider this cause as operating very rarely.

Others have supposed the complaint to be dependent on an arthritic distribes . Those of however me foundation for this opinion. The

disease attacks indiscriminately, those affected with gout, I have in whom there cannot be the least suspicion of a gouty taint.

But the disease is occusionally dependent on other courses than those abready mentioned. Thus, it had been become to arche from a collection of matter in the meature auditories externed fractal simulas extends fractal simulas extends fractal binuses the home instances to, it would seem to have been deposited on an organic affection of the brain. In fact it appears that any exist which irritates the nerves of the part affection, which irritates the nerves of the part affection, with directly or sympathetically may produce the affection.

The Broximate cause of this disease may be referred, I think, to a topper of the nevals, refells members, mustales, the of the part affected, increase sympothetically by a topper of the digistive organs. Indicate, considering the remarkable sympathy which exists between the hear & these organs, this highest asis is not at all unrestonable. This sympathy we

see well examplified in cases of drunkenness. Here in consequence of exergine stimulation, the stomach becomes too pid, and headach is the invariable consequence. Tomore this topor from the stomach, I the headach will cease. Is in the disease of which I am treating, he consequence of the action of missmother, the appearance of the action of missmother, the stomach, and its functions are much dispordered. Finally, a traject topor of that organs is produced. By afreedoms this topor is extended to the vegsels, membranes, they topor is extended to the vegsels, membranes, they the head, which, in consequence of the defect of the usual metions, becomes pained.

Dut having advanced that for we are now met by the question, why does the pain in they disease never periodically? This question I can so more answer than I can a fright the cause of grantation. If the disease observes, in many instances very exactly, the solar periods, it would seem some how on other to be dependent on solar

influence. It appears to me however, that exter nal agents must necessarily be insufficient To produce these effects: and that the eause of such wonderful phenomena, should rather be sought in the system itself. All periodical acceptions & intermissions of pain must depend for the regularity of their movements upon dome important law of our nature. What that law is, has not been butherto explained. It is well known, that almost all the nervous diseases, have a determination to assume the periodical type. These diseases too I believe are all radicated in the stomach. Is it presuming too much then, to suppose that these periodical diseased motions, are extensted with, & directed by the digestive motions; and that their correspondence with the solar periods is altogether accidental? It must be confefsed however that this is a difficult question. All attempts too that have been hetherto made

to solve the problem of the periodical nature of diseases, have retting failed. It is believed therefore, that for the present, we shall be obliged to next satisfied with considering it an ultimate fact, depending upon some important law of the system, not get discounced.

It at MEME. From what I have seen of this disease I think I seem safely agricum, that there is more which more fully show the power of mericane, I the high value of the healing art. Niglested, a attacked by a fack I trinice practice, this way airlossing completions will reen on for an inseparate ingth of time, without any abatement in the received of time, without any abatement in the received wheel continued twelve monthly, It was then, in spirite of all his anchavours, worse than over. In some instances it has been known to continue for years. But wen in these cases, when the disease

must have become very firmly rivetted by the power of habit, I believe cures might have been very certainly, & speedily effected. Indeed I think this can always be done where there is no organic affection of the brain. Structural derangements of that organ, would , to be sure , place the coade beyond the reach of medicine. But where the derangement is merely functional, it is as easily removed as that of any disease whatever? In the case of Rofs, to be mentioned hereafter, the complaint had existed three months, and was then words than at any former period. Here the morbed catenations must have become very strong. Yet, by an energetic course, they were entirely broken enjo in three days. Indeed the practice I am about to recommend is attended with do great certainty, that even in the most proteaded cases we may always prevent the acception of the third paroxyon after we are called, I in nine cases out of ten, the second. This affection does

not next merely on my withority. It accords new wardly with the extension experience with the disease of my learnest, of much extensed instructor set Burnist of Tray, et of, from whom I derived the practice. He declared understatingly that very rarely instead has be found the disease pape the 2nd paracysem from his being called, I

But that our efforts may be successful, it is necessary that they obsolve be of a pountial, & revolutionary character. It will be to me purpose at all to meet a desease so obstructe and similar as this ruith a seeble & time opposition. We must be bold & decided; & fouth our remedies to the cytent necessary to counteract the operation of the mortise cause, let that extent be what it may.

never the third.

Consistering the assume as nativated in the stomach; I depending on a tupor of that organ, the curative indication becomes very plain. It is simply away the intermipeion to produce,

and leep up, an impression upon the stormach of principally stormalant, as to proceed that to proper ensuing. The articles which experience had proved to another make proceed to and opinion, to storing to shall excell of painties, we are to raly for the cure of their vary principal disease. But priminally to their expedition, and shall occasionably finds it necessary to promise some general remades; such as Vol, and concentrated of the alimentary canal. The circumstances demanding these I shall briefly notice.

Not may be demanded when there is a plothe orice distribuse; when then pulse is pull, strong, and hard, or when there is a tendency to local inflammation. I because it a tendency in dome instances require it. Decadinally the violence of the prince, I the local irritation may call the general constation with sympathetic action, I thus induce a februle state, at every recurrence of the pain. That is

a case also which may be reloved in some instances by the lanest, or penhaps by local bleeding! The statement of blood, when the foregoing evicum stances demand it, is highly important. By it, we not only reduce the actional existence hat also sended to impressing by which we are to crack the way for those agenty by which we are to cracke the way for those agenty by which we are to cracke the way for those agenty by which we are to cracke the way for those agenty by which we are to cracke the way for those agenty by which we may reasily indeed require blood letting. In a majority of subtances is far from curing or even reliancy the disease, the detraction of blood will only mark it worse.

Evacuations from the prime via

are required;

First, When an inflammatory disthesis is present. In this case they are auxiliary to blood latting, or may perhaps supersede the nearly of occurring to that ramedy. This will defend on the degree of inflammation.

Secondy, When there are enude & irritating matters overloading the stormach & howeld. While these remain in the prime rice, the disease may take deep root, & the cure he rendered difficult & tediologs. But by early exacuating there, the disease may be althroned, or at least, the stomach & bounds may be put in a proper state to some the prompt & retire chaotion of our specific remedies.

Thirdly, When the intermissions are not complete, or the disease had run wite the comtimes form. The importance of consecount in bringing the disease buck to its proper intermittent character, is finely exemplified in the case of Rop, to be mentioned hereafter. Token the foregoing circumstancy call for evaluations from the alimanciany canal, we exhibit within an emotic, or catholic, or both.

As an emetic the antimonial is perhaps to

there from the insportmen of Evergnand in troughy the disease have to the proper be properoed. It not only created the Hornach theroughly, but it also makes a powerful impulping upon that organ, I is unquestionably better calculated to break up trains of morbid association, then any other

The best time for exhibiting the emotie is from half on hour to an hour before the acception of the paragraph. Administered at this time, it makes such a forested impression. I guess make a concuspion of the fit may, be presented, I am and put to the discusse, all any rate, if it dood not effect so once as they, it will at least otherton the paragraph of life its willow.

and a cathartic calonel is unsubsticly best. As the laws is any liable to be affected in this cisense, I probably generally is to more a left, calonel with evert is specific action on that organ, sorulging it, I promoting its healthy functions. It also sicologies the ormans which adheres to the

weathern to it, decision hat the constant

stomach & housels, I thus, in some instances, removed the newforty of exhibiting an constre.

And cathanites make no very promerful invpression on the disease, they should never be whilitied just before the percryptur. On the contrary they should be given so that their speration many be entirely prinished before the period of ocception. In this may they will not interpre with the whileton of our specific armedies, but they will also propour

the prime rie for their reception. We shall sometimes fine it nearposely to exhibit only one of these articles: one we must then be quiesed in our choice by the particular

circumstances of the case.

But in some cases, as where the stomach & bounds are very much overloades, I the inflommatory distributed great, it will be proper to necessary to exhibit lothe. The proper method to be personed in this case, will be, to al.

minister the cathertie 8 or 10 hours before the acception of the perception; and the treater half an hour or and hour. In this way we shall answer way possible indication which these articles can pelfel.

But the foregoing general remedia are merely awailedness; and we must never rely upon them for the entire removal of the disease. In most instances they are not required, I, in recent easily particularly, maybe have remove with.

These evacuating means being premied or not, according to the exigencies of the case, we next resort to the specific remedies beforementioned, very opium; arsene; & Dorwo can back. With these we are to present the acexpect of the paroxypm, and evadents the disease. In practicing the recurrence of the paroxypm, of prime is unquarticably the most powerful. In fait it is just such an article of the case re-

quires. At invigorates, & equalizes the circulation; makes a powerful impression upon the stomach & nervous system; I of course is well calculated to destroy the action of the morbid course. Indeed I can hardly concieve a case go refractory, as long to resist the powerful influence of this article. But it must be exhibited with a fearless hand. It will be to no purpose to administer it in the ordinary doses. We have devere pain, & great morbed action to contend with; circumstances which do not permit us to be hampered by posological rules. Whether the quantity necessamy be three, or fifty times the usual one is of very little consequence. It might be supposed there would be danger in exhibiting it to such an aftent. But it must be recollected, that the action of pain is always in powerful opposition to that of opium; I hence no injury can result so long as the action of the former is greater than that of the latter. In the exhibition of this certicle there. fore, let there be no other quide than its effects.

wines. It margorates & equality the correction ;

Set it always be given in a quantity commonsurvate with the degree of morbid action, let that guartity be what it may.

As our object in the administration of opium is to produce an immediate effect, it will be best to exhibit it in the form of tireture. This preparation will more pourpuly stimulate the stomach of butter present the torpor from ensuing, than the soled opium.

Although we cannot always know the exact force of the disease, is of course can lay down no precise rules for the exhibition of the tirature, yet we shall probably find the following method answer our purpose exceedingly well, varied to be dure according to the circumstances of each individual case, I the judgment of the practitioner.

We commerce the administration of the landamen one & a half or two hours before the acception of the parayyem. In ordinary cases it will be sufficient at this time to whilst from gutt, byx. - c. In the

course of half an hour, or somer if the patient peter any of the promonitory signs of the paragraph, exhibit gutte be - long - c more. If after a short time the patient, as percised to be still threatment with a favorism, repeat the does, or increase it according to the necessity of the case. In this way we proceed with the remedy, in creasing the quantity of giving it often if needpay tell the patient is no longer threatened with the aspected attack.

If however the force of the morbid action proved to be greater those we had antispated, and notwithstanding our endeavours the parayyou come on, we then let it run its course; I after it had subsided, we call in to our aid the arranic & back these two articles in addition to their immediate affect produce one also more or less permanent, they may be properly exhibited therefore during the whole intermission.

The proporation of arsenic which appeared

whom the whole to be preferred is Fooler's mineral solution. This should be exhibited in as large doses as the stonach can beat he most instances we shall probably be able to give from gett, if - ye four times a day, But that we may have the benefit of the immediate operation of this article, as well as its permanent one, we should exclude the he permanent one, we should exclude the he come of whilether so as to have one of them come about 1/2 or 24 of an low before the expected accessed in the permanent.

The operation of assemic in the cure of periodical headach is that of a morlific stimulus. It produces on the stomach an action sui generic, which is stronger than that of the cause of the disease.

The Peruvian back, though not so powerful in this affection as the arranic & Tinat: Opin, may nevertheligh be a useful anxilory. It should be guan in sosse of from 3j-ij wow 3 or 4 hours during the first part of the intermission. But

luxue the last post of the intermipers. But

as the period of acception of the parayyou appeal as the internal of its exhibition should be shortened, I the alone increased to as great an extent as the stone ask can bear.

It was formuly fashionable to give the hack in every privatical descence, I to valy upon it alone for its cure. Dut whom given alone, the quantity required to produce the wishest for effect is very inconveniently large; I besides it is found frequently to fail. By combining it however with other removies, as officient & areflecient of the cure, without overlooking the stormach, I be very much afrite by it in our effects to cure this disease.

The peregoing them is the method of intermeting the course of Derivational Beardache. To sum up the treatment in a few words. Obsert generally & lacally to reduce arterial action, or remove local inflammation; give smalles, or eatherles, or both to remove acrise, and instituting matters from the primae vice; give touches arterial Solution, & permise back survey the whole

the programmy them is the resident

intermission, I sinct : Opin in large does immediately be fore the parojupm to prevent its acception. This method, properly purpose will never fail of success.

I But it will not be sufficient misely to prevent the recurrence of the paragraph for once, or
twee. There is the same causes of relapse has a
that there is in regular information fener: an if
we do not continue our rankers a recurrence of the
disease will containly take place. The fratenic and
therefore should continue to take the assume and
back, with some regelable letters, for 2 or 3 weeks after
the interruption of the paragraphs in past all the
means pursued to promet a relapte in regular
ultimatery favor, of hould be pursued here.

An eader more pelly to ellestate as well as to show the importance of the move of treatment of those land down, I shall give an account of those cases of the disease. The first case was an instance of the disease as it generally appears. It was a mild case, I was attached early. It occurred to myself.

Case 1st.

about 40 yrs of age, of a delicate constitution, his had symptoms of fewer for 2 or 3 days praviously to my being called. When I visited her, she had visited pain in the bounds, I a pulse somewhat hard I tende. In order to evacuate hor stomach & bounds, I to remove her favoreth symptoms, I gove her an untimornial cometic in the afternoon, and plowed it the next morning with a cathadie of calonal I pulvis july comp. This had the desire effect, I left my putitud free from fever 8 pains.

I stookh tunding however the thorough unaustine which she last under join, she was attacked on the jollowing morning at 8 old with a violent pain over the orbit of the eye, which and present by language yourning, dollarly & aspensprion. The pein paper from the orbital, into the temporal region, bearining conof landly more to more misolait, tell it paped with the parietal portion, & gradually subsides at noon, leaving

8200 14.

her as well as before the attack. I at once suspected that she was about to be affected with a misplaced intermittent. accordingly Indus her to take 4 times a day gutt . I of the mineral solution , and I j of Cinchona . Ou the following morning at 6/2 allk, I deserted her to take Tinet: Opic gutt. lx, & to repeat the dose whenever she felt the least lenguor or duliness. From timidity The did not take the First : Ofice in the quantity directed. The fit came on. I ordered her to continue the bank, & solution as before. The next morning at bolk sattends myself, I immediately gave her Jinet: opinguto lx. At Ti allk symptoms of lunguar, the came on , & I gave her gutt. lx. more, This entirely removed these symptoms, & effectually prevented the acception of the paroxyon. In order to quard against a relapse, the took the back & arsenie for some days, & afterwards, some aromatic betters, by which she was entirely regtored to health.

For the history of the following case I am indebted to D. A. Robbins, the poutrer in luxurely of D. Burrite.

ofer smally presented the occupies of the paragram. In

M: Rope, aged 26 yrs, had been affected with periodical headache for 3 months previous to del 1820. At first, it attacked him in the form of a tertian, I was comparatively mild. But after continuing in this form a few weeks, it took the shape of a quotidion. At this time De Robbins was called in consequence of a severe cataroh of some days standing. The headashe heed thew become continual, I was extremely violent. In order to bring it cuts its proper intermit tent form, an emelie was promised, I this was followed by desprhoratics. The succeeding might the pain abated, I on the following morning recurred about the usual time. After the paropyon subsided the second day, the patient was ordered the Mineral Solution & peruian back, as in the preceding case. He was derected on the following morning, 1/2 an hour before the usual acception of the fit, to take Tinet: Opin 3.j. As the fit came on before day light in the morning, he did not awake in season to take the tineture before the attack.

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was sink had then become and made, I made a strong out of the forms of the second of the property of the forms of the form

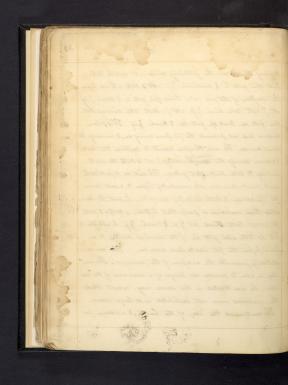
He took it however, after the paroxyon came on, which mas consequently much lighter, I ohorter them usual. After it subsided, he made free use of the back, & aroenie, I at hed time took a small dose of landamind. The next morning he was directed to take 3 j. of landarum as soon as he awaked, with 3.ij. of cinchone, It to repeat This every half hour till the commencement of the attack, & then to repeat it as often as it had the effect of removing the pain. In this way he took about an 3.1. of Timet: Opin, by which the fit was reduced to the length of one hour. The next day, the acception of the perroyyou was entirely prevented by 3 for of Trust: opin, given as on the preceding day; I he had no return of the disease afterwards. He continued to use the cincle na 4 weeks, when he was a perfectly well.

The following case steward to be Bernite, who way protectly favored me with its hotlery.

Bast 3 22. Mr Inc P. Fellows at 8 Will in the morning was sieged with a pun me the right

all when he same at some still in

morning to pursue the following course . At 4 ollk take Tinot : opin gutt. l. & cinchona I.j. cot & Ollk on 2 hrs before the acception of the fit take First opin gutt. c. & cinch Jij ett Tollk take binch. 3. g. ctt / tollk take mineral bolution gutt. xx. Tiet. op. gutt. lxx. & einch. Ziij This plan however did not prevent the fit from coming on of running its usual course. He was therefore ordered to continue the back I assenis during the day of evening, & at 4 Ollk the next morning to take Finot : office gutt. c. He did so , I forthwith sent for do Burnilly, who immediately began to crowd down the landamum & back as largely as possible. In fact, he adminestered these medicines so peely, that between 4 Ollk & Volk the patient took First . Opin J. x . & Cinch : 3 ij he addition to this he took also gutt. xx. of the asserical solution /2 an how before the fit was to have come on. This course effectually prevented the accepion of the penotypu. The next day in when To remove all danger of a recurrence of the discase, he was treated in the same way, except that the medicines were not exhibited in to large doses. He continued the use of the bouth, & arsonie for



for a week longer of them changed them for some arromatic betters by which his health was completely confirmed in a short time.

It may not be imprope to observe, that this portion has had two attack of this complaint, since the one just described. He was shortly cured by the mode of treatment. I have laive down, the remedies not blueg purhed bowever to the entire they were in this instance.

I might mention many other examples of and for providing headache, in corresponding of the foregoing plan of treatment. I believe however, that those already related are sufficient for the purpose interest.

for a well griffe of the charge then go were Wely confirmed in a short time. sown the removed not busy justed lawner

